

Resource Centre

CHECK IN

Resource Centre	
Head Volunteer	
Date	

ACCOMPLISHMENTS AND ACHIEVEMENTS

- _____
- _____
- _____
- _____



MENTAL HEALTH CHECK-IN



Good! Things are going smoothly.



Meh, I am uninspired.



I am overwhelmed, or struggling.



I need support!



AREAS FOR IMPROVEMENT (SUO SUPPORT, ROLE RESPONSIBILITIES EXT..)



GOALS



RESOURCE CENTRE FOCUS
FOR THE NEXT TERM

Empty rounded rectangular box for notes or focus points.

What can the SUO do to make your work experience more meaningful?

Large empty rounded rectangular box for writing an answer to the question.



COMMENTS

Four horizontal lines for writing comments.